



3rd Grade Video Scripts - Invitation to Rhythm

By the time our children enter 3rd grade most parents feel like they run a part time taxi service to get everyone where they need to be, when they need to be there. School plays, soccer practice, church activities, sleepovers, birthday parties, basketball practice, dance, piano lessons, and an occasional trip to the doctor send our family calendars into a chaotic frenzy. As parents, we end the day and wonder how we made it through...but have you ever stopped to wonder what your child is feeling? Do you find yourself having to constantly push them to keep up? Are they pushing back on you because of it? How can we set our kids up to discover a better rhythm to life?

This year, we are inviting your child to the 3rd grade Family Experience called, "Invitation to Rhythm." In 3rd grade kids begin to be pulled in many different directions, so we are hoping to help them learn to manage a great gift God has given them...time. The truth is that time is a limited resource. There is only so much of it, and we are only given a certain amount of days to live life. Every moment truly does matter, and making the most of it means we have to discover a rhythm that maximizes the time we're given.

We will start this process by looking at 3 Kick-starters that will help you build a foundation for you to begin this year's Family Experience. In these Kick-starter discussions, you will process the idea of making priorities, carving out time to spend with God, and

what it means to actually rest. These Kick-starters are expounded upon in our Kick-starter Guide. They will have questions and activities for you to do with your child that set up the Family Experience Ceremony.

When you look at your child's weekly schedule, it's hard to imagine how to begin to help them understand rhythm. All of us, as parents, understand how hard it is for ourselves to maintain it! However, finding a balanced rhythm in life is a tension to manage, not a problem to solve. Relax...this is a year you will be able to give your child some wisdom that is found in the Bible and will stick with them through life. They will always remember you helped them figure this out. That is the influence you have as a parent.

Your next step is the Family Experience ceremony; it involves presenting your child with a watch, calendar, clock, or planner. You will find instructions for this experience in the Parent Planning Guide. It all depends on what you want to do. The watch could be a new cool high tech gadget or a family heirloom passed down from a grandparent. The calendar could be one you buy new each year that always is a surprise at Christmas.

No matter what you give them, this will be a ceremony where you affirm your child in their search for a healthy rhythm.