



Invitation to Peace Family Experience

Now that you've gone through the 3 kickstarters I hope you have identified some peaceful times that you have with your baby. Every family is different, so we'll all land on different times within our daily rhythm that are peaceful.

We looked specifically at 3 times: cuddle time, bath time, and sleep time. Please take a moment to consider your child and identify the ONE time that is MOST peaceful for you and your baby.

The next step, once you've identified your specific time of peace is to choose a story, Bible verse, song, or prayer that you'll repeat every time you and your baby are in that time of peace. For example, I loved rocking my babies to sleep. I was scared as a first time parent, so as I rocked my eldest to sleep, I'd pray, "God, help her to grow into the person you've created her to be. Help me not get in the way." As crazy as that sounds, it's what I needed, to remember that God has a purpose and plan for my daughter regardless of my ability as a parent.

We want you to choose 1 prayer, or 1 song, or 1 verse, or 1 story that you'll say EVERY time you and your baby are in your identified area of peace. We've provided a resource page with tons of

options for you to consider. Feel free to choose one of these or come up with your own. The intent is for this to be extremely personal!

Once you've identified your time of peace and your 1 thing to say, sing during that time of peace. It would be great to have that verse, prayer, song, or story, written out and framed to hang in your baby's nursery. You could print it on card stock or handwrite it. Use your imagination for making it a nice piece of art for your nursery.

Build these words into your identified peaceful time. Say or sing them EVERY time so that the words become an intentional part of your family's rhythm. Remember that Jesus says to us, "*Blessed are the peacemakers for they'll be called children of God.*"



Invitation to Peace Family Experience - Resource List

Songs

- Rock A Bye Baby
- Hush Little Baby
- Twinkle, Twinkle Little Star
- You are My Sunshine
- Jesus Loves Me
- Amazing Grace
- Silent Night
- This Little Light of Mine (insert child's name)
- Itsy, Bitsy Spider

Stories/Books

- Goodnight Moon by Margaret Wise Brown
- The Runaway Bunny by Margaret Wise Brown
- Counting Kisses by Karen Katz
- Goodnight Little Bear by Patsy Scarry
- Kitten's First Full Moon by Kevin Henkes
- Love You Forever by Robert Munsch
- Goldilocks and the 3 Bears
- Little Red Hen
- The Gingerbread Man
- Three Little Pigs
- Corduroy by Don Freeman
- Guess How Much I Love You by Sam McBratney

Prayers

(Structure your own words, but here are general ideas for prayers.)

- health of child
- protection of child
- that child would know Jesus
- God to guide child
- child to have faith in Jesus
- God would guard their heart and mind
- child will honor God
- gratitude for being a parent
- God to guide me as I teach my child about Him

Verses

- Psalm 127:3
- Proverbs 22:6
- Psalm 139:14
- Isaiah 44:24
- Jeremiah 1:5
- Luke 2:52