

Message Notes
Faithful Anger: The Imprecatory Psalms

Daily Devotional Guide

Verse of the Week: “Help, Lord, because the godly are all gone; the faithful have completely disappeared from the human race!” (Psalm 12:1, CEB).

Daily Prayer:

God of peace, teach us how to be angry and not sin. Grant us the wisdom and courage to bring our anger to you in prayer, to be humble about our own sin, and faithful to the way of Christ. Amen.

Daily Readings: This week’s readings sample the “imprecatory” Psalms (Psalms of cursing):

Day:	Scripture:
Monday	Psalm 5, Psalm 11
Tuesday	Psalm 35, Psalm 40
Wednesday	Psalm 54, Psalm 69
Thursday	Psalm 79, Psalm 83
Friday	Psalm 109
Saturday	Psalm 137, Psalm 143

Questions for Reflection/Journaling/Discussion:

1. How did you respond to this week’s message? What insights and questions did it raise for you?
2. Choose a few Psalms from the daily readings and examine them for the pattern of Protest, Petition, and Praise. How does this pattern address the Psalmist’s anger and despair?
3. Describe a situation in which you have been angry in the past week. How did you handle your anger? What would you do differently now?
4. What are some passages from these Psalms that resonate with your experience?
5. How might you begin to express anger in healthier ways? How might the Psalms help you pray through your anger?

Intercessory Prayer Guide:

Monday -Pray for all those who are feeling hurt and abused.

Tuesday - Pray for those who are victims of war, famine, and injustice.

Wednesday - Pray for an end to the coronavirus.

Thursday - Pray for those who suffer from long-held anger.

Friday - Pray for God to heal the angry places in your life.

Saturday Pray for those who will join our online worship services tomorrow.