FAST TRACK Health Questionnaire Instructions

**You can now answer your health questions the day of your blood drive** before you donate blood! Doing so may decrease the amount of time you spend donating. Please just follow these easy steps:

[Vitalant](file:///C:\Users\KaFrahm\AppData\Local\Microsoft\Windows\Temporary%20Internet%20Files\Content.Outlook\HERSJNOH\vitalant.org) (click on this link – [Vitalant.org](http://Vitalant.org)/health)

Begin your Fast Track **Health History** Questions.  Be sure to enter your **full legal name** (like on your driver’s license, birth certificate or passport . Double check that your birthday is correct as sometime the system is trick

After completing the questionnaire, a QR Code will come up. Print out this Fast Track ticket with the QR Code and bring it with you to donate – this is your donation ticket! If you fill out the Health Questionnaire on your phone please take a screen shot of the QR Code so you can show it to our crew.