



Sponsored by NET, a program of Tri-Lakes UMC

Meeting Minutes – Monday, November 11th

In Attendance:

Kelly Bane: Parent/El Paso County Workgroup
Jason Baxter: Parent/Tri-Lakes UMC
Lily Billings: LPHS Student
Cindy Bohanan: Parent
Terry Bramschreiber: PRHS Principal
Holly Brandon: YMCA
Tiffany Brown: Parent
Lucas Calhoun: YMCA
Melinda Carpenter: Parent
Evan Crocker: LPHS Student
Ryan Eells: PRHS Student
Nancy Fritzsche: Tri-Lakes United Methodist Church
Racquel Garcia: Hard Beauty Owner/Creator-Life Coach
Sheli Gray: Tri-Lakes United Methodist Church
Sam Hastings: Tri-Lakes United Methodist Church
Annalese Hazeloop: PRHS Student
Tyler Hufford: Community Member
Riley Jones: PRHS Student
Jeff Lewis: Parent
Brian Nelson: Parent
Bridget O'Connor: LPHS Principal
Heather Pelser: Regional Youth Suicide Prevention Coordinator
Theresa Philipps: D-38 Board of Education
Kendra Schleiker: PRHS AP
Debbie Sell: LPHS/PRHS Social Worker
Marissa Shoback: Tri-Lakes Cares Operations Manager
Kirk Woundy: NAMI
Raquel Younglove: Neurofeedback

Welcome and Introductions

Featured Partner Presentation: Sources of Strength

Presenters: Carrie Ellis (LPHS Spanish Teacher and Sources Advisor)
Kendra Schleiker (PRHS AP and Sources Advisor)
Evan Crocker (LPHS Sources Student)
Lily Billings (LPHS Sources Student)
Annalese Hazeloop (PRHS Sources Student)

Primary Mission - upstream prevention of social emotional struggles
Peer led with adult advisors

Focuses on - Hope, Help and Strength - not on shock tactics

Sources Students are educated on the eight strengths of the wheel: Healthy Activities, Mentors, Positive Friends, Family Support, Mental Health, Medical Access, Spirituality, and Generosity

Students are recognizing that they are not therapists, but they are the connectors between peers and adults who can help.

Sources Students decide on campaigns for the school; for example:

Relaxing Activities During Finals: field day with water balloons, yoga etc.

Mentor Campaign: reach out and thank a mentor

Donut Campaign: write one of your sources of strength on a feather - get a donut! The feathers were then made into a collage of wings and students' pictures were taken with the wings to share on social media.

Trusted Adult Campaign: Students write the name of a Trusted Adult on a leaf and place the leaf on a large tree.

We Belong Campaign: Write your source of strength on a puzzle piece - puzzle pieces are hung on the wall to complete the puzzle.

Initial Work Groups Report Out:

Before breaking out in the four Work Groups - each Work Group explained what goal(s) they were working on.

At the end of the meeting each work group gave a brief synopsis of their discussion and progress. Work group participants were encouraged to share contact information, and if needed, get together outside of Coalition time to work on goals formation.

Community Education & Outreach

Goal: To provide QPR for 50 students each at LPHS (morning) and PRHS (afternoon) on December 20. QPR will also be offered to parents and community members on Tuesday evening Nov. 19 at the YMCA (6-8pm) and on Thursday evening Nov. 21 (6 – 8 PM) at LPHS.

Discussed having wrist bands made for the students to wear with a ; on them to be used as a talk starter.

Research & Data Collection

Goal: 1) To determine the data points needed for service providers and small businesses.

Goal 2) Review current spreadsheet to identify if provider/business is within the proposed 15 mile radius.

Resources, Partnerships, and Advocacy

Goal 1: Get one to two QPR Mental Health Training flyers into the hands of business or community members by November 15.

Goal 2: Draft an elevator pitch for service providers and for local businesses.

Goal 3: Using the Data and Resource Workgroup's spreadsheet assign a portion of the list of providers and businesses to each workgroup member to contact.

Community Spaces & Family Connections

Goal: To place banners in the schools and community spaces where children/youth frequent - one for each school level - Elementary, Middle and High School. The banners will rotate through the schools and community places. Banners will have a survey that younger children can respond to by writing directly on the banner and youth via a QR code.

Need to partner with Resources, Partnerships and Advocacy Workgroup for information on community places that children/youth frequent.

Next SEW Coalition Meeting: Monday December 9, 6:30-8:00PM in the Distance Learning Lab at Lewis Palmer High School