



Social Emotional Wellness Coalition of the Tri-Lakes Area

Sponsored by NET, a program of Tri-Lakes UMC

Meeting Minutes – Monday, September 9th

In Attendance:

Char Armstrong: LPHS/KES
Kelly Bane: Parent/El Paso County Workgroup
Annette Bass: Parent/LPSD Staff
Jason Baxter: Tri-Lakes United Methodist Church
Cindy Bohanan: Parent
Flynn Bohanan: PRHS Student
Holly Brandon: YMCA
Jamey Bumgarner: Tri-Lakes Battalion Chief, Fire Marshal
Lucas Calhoun: YMCA
Nancy Fritzsche: Tri-Lakes United Methodist Church
Racquel Garcia: Hard Beauty Owner/Creator-Life Coach
Sam Hastings: Tri-Lakes United Methodist Church
Tyler Hufford: Community Member
Jessica Miller: BCES/LPSD
Mandy Murray: Hard Beauty Partner
Jessica Nahapetian
Brian Nelson: Parent
Patricia Nelson: Parent
Bridget O'Connor: LPHS
Brian Petak: Ascent Church
Theresa Philipps: D-38 Board of Education
Krystal Rasmussen: LPSD Staff
Debbie Sell: LPHS?PRHS Social Worker
Marissa Shoback: Operations Manager Tri-Lakes Cares
Richard Strom: Monument Hill Kiwanis Club
Cyndy Waldmann: PFLAG Board
Steve Waldmann: PFLAG
Steve West: YMCA Board
Kirk Woundy: NAMI
Raquel Younglove: Neurofeedback

Introductions

Each table introduced themselves by answering the question, “Who are you and what brought you here?” Returning partners introduced new partners to the whole group.

Featured Partner Presentation: Marissa Shoback: Operations Manager at Tri-Lakes Cares

- Tri-Lakes Cares (TLC) has been in existence for 35 years.
- TLC is a community resource center - main purpose is to provide food for those in need.
- TLC serves a five zip code area in Northern El Paso County

TLC provides:

- Emergency Services for those in crisis to meet basic need.
- Relief Services, to relieve the burden of those living in chronic poverty
- Self Sufficiency Services for those needing job readiness support.
- TLC has a medical partnership with Penrose-St. Francis. There is a nurse and a doctor on site during scheduled times.
- All services are free of charge.

Work Groups:

We broke out into the four Work Groups to develop 1-2 goals to work on in the coming year. At the end of the meeting each work group gave a brief synopsis of their discussion and progress. Work group participants were encouraged to share contact information, and if needed, get together outside of Coalition time to work on goals.

Community Education & Outreach

Training, awareness, communication, and stigma reduction

Research & Data Collection

Understand, interpret, and improve access to care/safety

Discussion: The need to provide accurate, up to date information in a clear format for the other work groups to use.

Community Spaces & Family Connections

Increased connection

Discussion: supporting programs we have, identifying new programs

Resources, Partnerships, and Advocacy

Reduce duplication, coordinate services, and fill gaps

Discussion: Develop an "elevator speech" to take into the community when meeting with organizations.

Announcements:

Screenagers: Sept. 24 6:00-8:00PM PRHS

Outpouring: Dr. KC Somers "Vision for Lewis-Palmer School District 38" Sept. 17 @ 7PM at Pikes Peak Brewing Co.

Next SEW Coalition Meeting:

Monday October 14 6:30-8:00PM

Distance Learning Lab at Lewis Palmer High School

SEW website: tlumc.org/sew